

PRO BONO
COUNSELING
PROJECT



WARMLine

Direct Dial #443.608.9182

Announcing New PBCP WARMLine Hours

**Mental health professionals are now available
10:00 AM - 6:00 PM Weekdays**

With COVID case rates on the rise, and the continued need to stay physically distant during the holidays, more people are feeling overwhelmed by stress and anxiety than ever before.

Please help us spread the word:

PBCP's WARMLine *is now available to help those in need.*

PBCP's WARMLine supports Marylanders who are experiencing mental health impacts related to the COVID-19 pandemic. Please share this information with your network if you know anyone who needs someone to talk to due to the stress of these uncertain times.

How the PBCP WARMLine Can Help

1. Dial 211 and ask for the WARMLine or dial direct 443.608.9182 from any cell phone or landline.
2. Speak with a caring call specialist, a licensed mental health professional, who will listen to your concerns.
3. You will be referred to any additional resources you may need.

