

# Baltimore County Public School PARENT UNIVERSITY SCHEDULE OF EVENTS



## Alateen Meetings

**Event type:** Online Support Group  
**Target audience:** Young people (ages 9-19) whose lives have been affected by someone else's drinking.  
**Sponsored by:** [www.alateenmddc.com](http://www.alateenmddc.com)

Dates & Times	Registration
Sundays 7:00 pm	Join Zoom Meeting <a href="https://positivepsyche-biz.zoom.us/j/85087852562?pwd=bVknN204U2F5_dnB0ckp4cEdsZmw3UT09">https://positivepsyche-biz.zoom.us/j/85087852562?pwd=bVknN204U2F5_dnB0ckp4cEdsZmw3UT09</a> Meeting ID: 850 8785 2562 Passcode: 821502
Mondays 7:30 pm	Join Zoom Meeting <a href="https://positivepsyche-biz.zoom.us/j/89755786747?pwd=eXcwbzZxVlptT_IJSelfkWXFRakFpUT09">https://positivepsyche-biz.zoom.us/j/89755786747?pwd=eXcwbzZxVlptT_IJSelfkWXFRakFpUT09</a> Meeting ID: 897 5578 6747 Passcode: 717885
Thursdays 7:30 pm	Join Zoom Meeting <a href="https://positivepsyche-biz.zoom.us/j/85710995221?pwd=SXdaZTNnMV_haa1RvbXBadkRWMlpUUT09">https://positivepsyche-biz.zoom.us/j/85710995221?pwd=SXdaZTNnMV_haa1RvbXBadkRWMlpUUT09</a> Meeting ID: 857 1099 5221 Passcode: 939018
Saturdays 11:00 am	Join Zoom Meeting <a href="https://positivepsyche-biz.zoom.us/j/85296323586?pwd=UTZJd0xrYm1r_Sm5DVnErTEpiUDBKQT09">https://positivepsyche-biz.zoom.us/j/85296323586?pwd=UTZJd0xrYm1r_Sm5DVnErTEpiUDBKQT09</a> Meeting ID: 852 9632 3586 Passcode: 240291

## Aliza Brandywine Center (ABC) Program

**Event type:** Virtual Class  
**Target audience:** Parents/Caregivers of children birth to 5 years old  
**Sponsored by:** Aliza Brandywine Center

Description	Class Location	Dates & Times	Registration/
FREE School Readiness Program for children birth -5 years. A parent or caregiver participates with the child in each class session. The ABC program services families zoned for a Baltimore County Title I school. The program is currently operating under virtual instruction.	Campfield ELC Chadwick Elementary	TBD	Contact Kerry Furnari <a href="mailto:kfurnari@bcps.org">kfurnari@bcps.org</a>
	Colgate ES Hawthorne ES Norwood ES Owing Mills ES Pleasant Plains ES	TBD	Contact Barbie Pohlman <a href="mailto:bpohlman@bcps.org">bpohlman@bcps.org</a>

## BCPS Annual Stakeholder Survey

**Event type:** Online Annual Survey  
**Target audience:** All BCPS Stakeholders

Date	Registration
Feb 22 – March 26, 2021	Please take the quick Stakeholder Survey on the BCPS home page from February 22, 2021, through March 26, 2021, and also encourage your neighbors, students, and family members to do the same. As in the past, the survey will be available for students in Grades 3-12; and all parents/caregivers, staff, and community members. The survey is again available in 16 languages. <a href="#">Complete the survey here.</a>

## ESOL Family Liaison- Google Meets Office Hours

**Event type:** Virtual Support- Open House  
**Link:** [ESOL Welcome Center](#)  
**Target audience:** Parents/Caregivers  
**Sponsored by:** BCPS ESOL Welcome Center

Description	Dates & Times	Links
Starting Monday, November 23 <sup>rd</sup> , ESOL Family School Liaisons will hold daily drop-in office hours for English learner families. These office hours are meant to provide families with a point person who can answer general questions about community resources and communications from BCPS. Specific academic inquiries will be directed to the appropriate ESOL teacher, DC, or school. The schedule is as follows below. The Google Meet (which is the same for each day), is <b>ESOLFamilySupport</b> .	Mondays 12:00 – 1:00 PM	<a href="#">Google Meets</a>  Use code <b>ESOLFamilySupport</b>
	Tuesdays 12:00 – 1:00 PM 6:00 – 7:00 PM	
	Wednesdays 12:00 – 1:00 PM	
	Thursdays 12:00 – 1:00 PM	
	Fridays 12:00 – 1:00 PM	

## Equity in Education: BCPL Panel Discussion

**Event type:** Virtual Panel Discussion  
**Target audience:** Parents/Caregivers  
**Sponsored by:** **Baltimore County Public Library**

Description	Date/Time	Registration
Disparities in our education system, including funding, discipline, quality of resources and culturally sustaining learning environments, have created severe opportunity gaps for students of color. Faraji Muhammad, host of For the Culture with Farajii on WEAA 88.9, will moderate a panel of students, educators, parents, and activists in this discussion on achieving educational equity at the local and national level. Presented by Baltimore County Public Library, Baltimore County Human Relations Commission and Baltimore County Office of Diversity and Equity. <i>This is the fourth installment of a series of discussions exploring race and equity issues in Baltimore County, titled the Baltimore Dialogues on Race.</i>	Tues, March 30 7:00 PM	<a href="#">BCPL will post registration one week before events start.</a>

## Family Code Night

**Event type:** Virtual Workshop  
**Target audience:** Parents/Caregivers  
**Sponsored by:** [FamilyCodeNight.org](http://FamilyCodeNight.org)

Description	Date/Time	Registration
A fun, free, and loving learning experience for families sheltering at home.  <b>¡Programa ofrecido en español!</b>	April 13 – 18, 2021 Ten One Hour LIVE Sessions Various Times – See Registration Page	<a href="#">Registration</a>

## Introduction to Dundalk Upward Bound

**Event type:** Virtual Workshop  
**Target audience:** BCPS Parents/Caregivers  
**Sponsored by:** [CCBC Dundalk Upward Bound](#)

Description	School Hosting	Registration
My child needs additional academic support. My child is struggling to fit in with their peers. How do I help my child successfully matriculate through high school? How did I help my child prepare for college and the real world? This workshop will help answer these questions for parents. In UB 101; parents will learn about TRIO programs, Upward Bound and in particular, the CCBC Dundalk Upward Bound Program. This workshop will share who we are, what we do and how we can help your child to excel through high school and become college and career ready.	Wednesday, March 17, 2021 2:00 PM	<a href="#">Registration</a>

## Maryland Coalition of Families

**Event type:** Virtual Support Groups  
**Target audience:** Adults 18+  
**Sponsored by:** [Maryland Coalition of Families](#)

Title	Description	Dates & Times
Healthy Minds Online Drop-In Book Club	Maryland Coalition of Families invites you to join other families and loved ones who care for someone with mental health, behavioral health or substance use challenges. We'll explore and discuss a thought-provoking book each month and share some relaxing time together. For more information and to receive the Zoom link, contact Augustine Cook at 443-504-4509	Fourth Tuesday of each month 2:30 – 4:00 PM
Parent/Caregiver Support Groups	MCF staff members facilitate online support groups and family activities across the state. <a href="#">Click Here for more information.</a>	Various

## NAMI- Online Classes & Support Groups

**Event type:** Online Class

**Link:** [NAMIBaltimore.org](http://NAMIBaltimore.org)  
**Target audience:** Adults 18+  
**Sponsored by:** National Alliance on Mental Illness

Title	Description	Dates & Times	Registration
NAMI Family-to-Family	NAMI Family-to-Family is a free, 8-session educational program for family, significant others and friends of people living with a mental health condition. It is a designated evidence-based program that includes presentations, discussion and interactive exercises. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition. NAMI Family-to-Family provides critical information and strategies for taking care of the person you love.	Saturdays March 13 <sup>th</sup> – May 1 <sup>st</sup> 2:00 – 4:00 pm	To register for the class, <a href="#">click here</a> or please contact our HelpLine at (410) 435-2600 or email <a href="mailto:info@namibaltimore.org">info@namibaltimore.org</a> .
NAMI Basics	NAMI Basics is a free, 6-session education program for parents and family caregivers of children and teens who are experiencing mental health issues. You'll learn the facts about mental health conditions and how best to support your child at home, at school and when they're getting medical care.  This peer-led program provides critical strategies for taking care of your child and learning the ropes of recovery.		Space is limited and advanced registration is required. To join our interest list for an upcoming class, please contact our HelpLine at (410) 435-2600 or email <a href="mailto:info@namibaltimore.org">info@namibaltimore.org</a> .

## Need Help to Quit Smoking?

**Event type:** Online & Phone Support  
**Target audience:** Adults 21+  
**Sponsored by:** Baltimore County Department of Health

Title	Description	Dates & Times	Registration
Phone Counseling	FREE Phone Counseling to all Baltimore County residents. Participants may be eligible for FREE quit smoking nicotine replacement products.  English: 443-324-6417 Spanish: 443-257-8384	8:30 AM - 4:30 PM	None Required

## Not Just Vapor: Maryland

**Event type:** Virtual Meeting  
**Target audience:** Adults 21+  
**Sponsored by:** [Parents Against Vaping e-cigs \(PAVe\)](#) and Maryland PIRG

Title	Description	Dates & Times	Registration
Online Meeting	Over 3.6M US youth vape, with cheap disposable devices skyrocketing in popularity. Behind the bright colors and sweet flavors are harmful chemicals and nicotine addiction. Join PAVE for everything parents, and adults who work with youth, need to help kids avoid or quit using dangerous flavored e-cigarettes.	Thurs, March 4 <sup>th</sup> 4:00 PM	<a href="#">Register Here</a>

## Special Education Resource Center- Workshops & Resources

**Description:** Free workshops designed to address parent and caregiver needs to care for themselves, their family and their child.  
**Event type:** Virtual Workshops  
**Target audience:** Parents/caregivers of children with behavioral health issues.  
**Link:** [SERC Website](#)

Title	Description	Dates & Times	Registration
Parenting and High Functioning Autism: Skills & Strategies to Better Support Your Child	Children and adolescents with high-functioning autism (HFA) face many challenges. This workshop will assist parents to better understand the complexity of HFA, learn skills and strategies to improve interactions with their child or teen, and how to reduce overstimulation, stress and anxiety; and, how to improve social interactions to bring about overall improvements in functional daily living and self-esteem. Presented by Tana Hope, Ph.D. The Child and Family Therapy Clinic Department of Behavioral Psychology at Kennedy Krieger Institute	Thurs, Feb 4 <sup>th</sup> 7:00 – 8:30 pm  Or  Sat, Feb 6 <sup>th</sup> 11:00 am – 12:30 pm	<a href="#">Thursday Registration</a>  <a href="#">Saturday Registration</a>
Rethinking ADHD: What Works, What Doesn't and Why	Participants will learn how to become the “surrogate frontal lobes” for their ADHD students and how to change their view of ADHD from a purely behavioral disorder to a unique brain construct that can be accommodated with highly successful outcomes. Presented by Frank Kros, MSW, JD, Transformation Education Institute. <b>**This is a 2-part event. Attendance at both sessions is recommended.</b>	Tues, Feb 9 <sup>th</sup> Or Thurs, Feb 11 <sup>th</sup> 7:00 – 8:00 pm	<a href="#">Eventbrite Registration</a>
ABLE Accounts: A Savings Tool To Promote Independence and Financial Stability for Your Child's Future	Maryland ABLE is a way to help people with qualifying disabilities and their families save for everyday needs, save and invest in a tax-free account, and prepare for the future without losing state or local benefits such as SSI and Medicaid Waiver services. Join us to learn about eligibility criteria, enrollment, account management, tax benefits and how to use an ABLE account to pay for qualified disability expenses. Presented by Kelly Nelson, Outreach & Communications Manager for Maryland ABLE	Wed, Feb 10 <sup>th</sup> 11:00 am – 12:30 pm	<a href="#">Eventbrite Registration</a>

Resilience, Routines, and Rocking the Tough Stuff	Dr. Stepanek will share insights from both her professional research in trauma and resiliency, and her personal experiences as a parent of four children with complex medical disabilities. Join this session & conversation with an award-winning author and advocate of family support, peace, and spirituality as we discuss coping with challenges and celebrating life. Presented by Dr. Jeni Stepanek, Education & Technical Assistance Specialist	Wed, Feb 10 <sup>th</sup> 7:00 – 8:00 PM	<a href="#">Eventbrite Registration</a>
Understanding Your Child's IEP	This training is designed to give parents a more in-depth examination of the components of their child's Individualized Education Program (IEP) document. A closer look at the IEP will help you learn what you need to know to become more effective as an equal member of your child's IEP team. Presented by Leslie Seid Margolis, Managing Attorney, Disability Rights Maryland	Thurs, Feb 18 <sup>th</sup> 6:30 – 8:00 pm  or  Tues, Feb 23 <sup>rd</sup> 11:00 am – 12:30 pm	<a href="#">Thursday Registration</a>  <a href="#">Tuesday Registration</a>
Transition 101	It is time for parents to move to the back seat... Breathe, you can do this! This presentation will offer an overview of the Transition process for parents of students pursuing a high school certificate of completion, what happens when your child turns 18 and why it is critical for students to participate in this process. Presented by Heather Luke, Director of Training and Education, Parents Place of Maryland	Thurs, Feb 25 <sup>th</sup> 7:00 – 8:30 pm	<a href="#">Eventbrite Registration</a>
Department of Special Education Resources and Links	The Department of Special Education's Tweets page where you can find valuable links to highlight resources. You can check out a tour of the SERC, get a few tips on helping your child with executive functioning at home, and much more!	Available 24/7	<a href="#">Website Link</a>

## Special Education Citizen's Advisory Committee (SECAC) Meetings

**Description:** SECAC focuses on education, advocacy, and support of the Department of Special Education and the needs of BCPS families.

**Event type:** Virtual Meetings

**Target audience:** Parents/caregivers of children with behavioral health issues.

**Link:** [SECAC](#)

Date	Topic	More Information
March 1, 2021	TBD	Meetings are held from 7:00 – 8:00 PM
April 12, 2021	TBD	First semester meetings will be held virtually via Google Meets: <a href="https://meet.google.com/fak-czgt-dvf">https://meet.google.com/fak-czgt-dvf</a>

May 3, 2021	TBD	If you need to call in or have difficulty joining email <a href="mailto:Ellen.Galvez@bcps.edu">Ellen Galvez</a> for assistance.
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## Supporting Your Child with Twice Exceptionalities

**Event type:** Virtual Workshop  
**Target audience:** BCPS Parents/Caregivers  
**Sponsored by:** BCPS Office of Advanced Academics and Special Education

Description	School Hosting	Registration
Do you have a child who is "bright and quirky" -- a child who is gifted/advanced and has a learning disability/challenge? Join us for a virtual information session on strengths-based approaches to nurture your child's talents and mitigate their challenges. Learn about ways to support your child's strengths and needs at home and through a partnership with your school. Two dates available.	<p>Wednesday, April 14, 2021 7:00 PM</p> <p>Thursday, April 15, 2021 1:00 PM</p>	<p><a href="#">Registration</a></p>

## Vaping & Tobacco Education for Parents

**Event type:** Virtual Meeting  
**Target audience:** BCPS Families  
**Sponsored by:** Parent University & Baltimore County Department of Health

Description	Dates & Times	Registration
<p>The harmful effects of smoking and vaping will be discussed along with the relationship to COVID.</p> <p><b>*Presentation on March 18 is in Spanish only.</b>  <b>*La presentación del 18 de marzo es solo en español.</b></p>	<p>Tues, March 17 12:00 PM</p> <p><b>* miércoles</b>  <b>El 18 de marzo</b>  <b>12:00 PM</b></p>	<p><a href="#">Register Here</a></p>

## Virtual Support Group

**Event type:** Virtual Meeting  
**Target audience:** BCPS Families  
**Sponsored by:** Thrive Behavioral Health



Description	Dates & Times	Registration
Adrian Stackhouse, LCSW-C will be offering a Virtual Support Group for Parents, with focus on supporting parents as they face the unique challenges March is going to bring in terms of virtual/hybrid/in person options, emotions (both theirs and their children's), and responses to change. This is open to all parents/caregivers and is not limited to Thrive clients.	Wednesdays at 5:00 PM via Zoom	<a href="#">Link to Join</a>